

NHS GREENWICH

A Commissioning Strategy for Health Services for Children and Young People 2011 – 2015

DRAFT

Summary

Purpose of the Strategy

This Strategy is intended to provide advice and information for those who will be commissioning health services for Children and Young People (CYP) in Greenwich in the next 5 years

The Local Context

Services for CYP in Greenwich are planned by the Greenwich Children's Trust. This is made up of NHS Greenwich, Greenwich Council, local schools, the Police and Voluntary Organisations. They believe it is better to plan services together than to plan them separately so that there are no gaps in provision, there is no duplication and local families can access the services easily

Our Ambition

We believe that a healthy start in life and a healthy lifestyle are essential for all children to grow up physically and mentally healthy, to do well at school, and to become responsible adults living happily in their families and communities.

Our Vision

We want Children and Young People;

- To enjoy healthy lifestyles and feel well and safe
- To have the best start in life, achieve their full potential at school and gain the skills that will enable them to achieve their goals
- To have the skills and training to get jobs and become independent
- To stay safe and secure, protected from neglect, abuse and free from crime, bullying and accidental injury, and
- To be able to play an active, responsible and positive role in the life of their community

Local Policy

Healthcare for London

The previous Government commissioned a review of health services in London by Lord Darzi. The review identified the key issues for London's Children and Young People as;

1. Children's health and well-being are not as good as they should be
2. Too many children are attending A&E for illnesses that could be dealt with by GPs
3. Admissions to hospital for Children and Young People could be avoided if care were provided in the community
4. Outpatient appointments could be provided locally in the community
5. Children with long term conditions or complex health needs could be better served by providing services in the community and at home

In response, NHS Greenwich has committed to;

- Creating better access and facilities within hospitals for observation and treatment of children and young people, to avoiding in-patient admission
- Creating multi-skilled teams of health professionals to work in both hospitals and community
- Providing community teams to care for children with long term conditions, complex health care needs and other illnesses.

Priorities

NHS Greenwich has set the following organisational priorities;

1. Staying Healthy
2. Hospital Services
3. Planned Care
4. End of Life Care
5. Maternity services

Our Objectives are;

- Tackling obesity, diet and physical activity
- Breast-feeding and childhood obesity measures
- The choosing health programme,
- Sexual health & teenage pregnancy services,
- Mental health services and tackling alcohol misuse.

A Maternity Services Strategy has already been drawn up and its recommendations will be implemented alongside the Children and Young People's Strategy

The Greenwich Children's Trust Children and Young People's Plan (CYPP)

The Greenwich Children's Trust, of which NHS Greenwich is a key partner, has jointly produced a Children and Young People's Plan (CYPP) to be published in March 2011

This strategy will ensure that the health objectives set out in the CYPP are achieved, by bringing together Children and Young People's Services across all organisations.

3.1. Facts and Figures: Children and Young People in Greenwich

In 2009 there were;

- 77,700 children and young people aged 24 or under in the borough. This represents 33% of the total population
- An estimated 20,600 aged 0 to 4 years
- An estimated 64,000 under the age of 19

Ethnicity and language

- Half of the children and young people in Greenwich are from black and minority ethnic backgrounds
- Black Africans are the largest ethnic minority population – in 2008-9, 23% of babies born in Greenwich were of Black African ethnic background

In 2009, over 120 different languages were spoken by pupils in schools in Greenwich. Around two-thirds (63.9%) of pupils spoke English as their first language. The second most frequently spoken first language was Yoruba (a language spoken in a number of West African countries).

Poverty and Deprivation

- Just over half of all children and young people in the borough live in low income households
- Greenwich has a high proportion of single parent households
- 35% of children and young people in Greenwich live in workless households

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4.1. The Budget

We spend approximately **£70 million on health services for CYP in Greenwich**. Most of this (about 74%) goes to GPs and Primary Care services (£26m) and hospitals (£26m) 17% of the budget is spent on Community Health Services, 4% on Mental Health services, 4% on young offenders and 1% on Health Promotion.

5.1. What we will Commission

5.1.1. Commissioning Priorities

We will commission services to deliver specific outcomes for particular groups of children;

- All Children
- Children with Additional Needs
- Children who are Vulnerable

We will look at how healthy children are now, look at needs and gaps in services to show us what improvements are needed. This process led the Children's Trust to setting the following priorities for Children and Young People for 2008 – 11.

1. Raise school standards at all Key Stages
2. Improve the range and quality of 14-19 provision to increase take-up
3. Improve outcomes for Looked After Children (LAC) and Disabled Children
4. Support Parents and Carers to improve the life-chances of their children
5. Help young people become positive and active citizens
6. Give children a good start in life to be healthy and ready for school
7. Improve access to services to help children and young people adopt a healthy lifestyle
8. Keep children and young people safe and free from harassment and bullying
9. Improve behaviour in school and on the streets
10. Integrate services for children to improve early and targeted support

Improving the health of CYP will help to achieve all of the above priorities.

These priorities have been further refined in the new CYPP to be published in March 2011. (see section 1.4 above)

What we will Commission;

For All Children

We will commission services for Children, Young People and Maternity, which work closely together and with services provided by the Local Authority and other members of Greenwich Children's Trust. This will include;

- 0-19 Healthy Child Programme, including;
 - breast-feeding support,
 - childhood immunisations,
 - obesity prevention
 - quit smoking services
 - parenting support and education.
 - screening for vision and hearing,
 - speech and language promotion and therapy,
 - early identification of disabilities, special educational needs, and emotional, behavioural and mental health needs.
- We will make it easier for CYP to access health services by commissioning
 - Health Education in schools,
 - the Kick the Habit programme.
 - school based Health Centres in nearly all Greenwich secondary schools.
- More Health Visitors to support young families

- Better Dental Services

For Children with Additional Needs

- We will take services to vulnerable families or those who do not make use of health services and, in particular, ante-natal checks, and immunisations.
- We will make sure Black African and young white women from disadvantaged communities get ante- and post-natal care
- We will improve the uptake of childhood immunisations for Black and Minority Ethnic (BME) and other disadvantaged communities,
- We will halt the rise in childhood obesity through targeted work with Black African families in early years settings and through extending primary school programmes
- We will reduce the numbers of teenage conceptions through improving access to contraceptive and sexual health services
- We will increase the numbers of children and young people using treatment services for substance misuse
- We will provide assessment and treatment using multi-agency teams in the local community e.g. in Children's Centres and schools.

For Vulnerable Children

- **Looked After Children**

We will review the service for Looked After Children in order to improve Health, Educational and Social outcomes for LAC. The provision of Health Assessments and Reviews will be improved

We will develop better information systems to ensure health outcomes are monitored

We will work closely with Greenwich Council to prevent children becoming Looked After by supporting families

We will work closely with our Children's Trust partners to provide mental health and prevention services specifically for LAC

We will develop a service to support Care Leavers

- **2. Disabled children and young people**

We will commission;

- Short breaks for families with disabled children.
- A review of all services provided for all children and young people to ensure that disabled children and young people are able to use them.

- A review of equipment provision, including wheelchairs, in collaboration with the Local Authority
- Hospital and community services to work better together to ensure that disabled children and young people do not stay in hospital unnecessarily.

- **3. Children and Young People with Emotional, Behavioural and Mental Health needs**

We will develop a new Strategy for Emotional, Behavioural and Mental Health services to ensure that a range of suitable and effective services are provided at the right time and in the right way. This will include providing services as soon as possible to prevent conditions becoming worse

- **4. Children in Need of Protection**

We will continue to improve services to safeguard and promote the welfare of CYP. We will do this by improving the skills of GPs, Dentists, Pharmacists etc. and by monitoring standards.

We will improve record keeping within A&E departments in hospitals

- **5. Children with Complex and / or Continuing Care Needs¹**

We will improve the the quality, quantity, choice and flexibility of care services for children and young people with complex healthcare needs and long-term or terminal conditions. . We will ensure that there is a lead nurse to co-ordinate care, allowing children, young people and their families to choose care which is closer to home and meets their individual needs, 24 hours per day, seven days a week.

- **6. Children in Need of Acute Services**

There will be changes to the three local hospitals. We will ensure that these changes do not have a negative impact on local CYP.

6.4. Local Engagement

Our services will be developed in consultation with local parents, children and young people. We will work with the Children's Trust to co-ordinate all existing groups of service users and potential users, to ensure that their views are used to influence the decisions we make. Wherever possible we will involve Children and Young People directly in decision making.

The full strategy is available at

http://www.greenwich.nhs.uk/your_say/join_the_health_panel/public_consultations/nhs_greenwich_draft_commissioning_strategy